





THE SUPREME MASTER CHING HAI

Rphorisms 2 M

The Supreme Master Ching Hai International Association Publishing Co., Ltd.



he light of Truth shines upon human hearts for eternity, liberating us from ignorance. *Aphorisms* is a collection of wisdom from Supreme Master Ching Hai in response to spiritual questions from Her disciples, Truth seekers and the general public. Its words of supreme wisdom, which deal with spiritual practice, life and philosophy, touch the very source of our being, bringing us enlightenment and heavenly bliss. The book provides rare nectar for the soul that can accompany us on life's journey and encourage us to persevere in difficult situations, in all seasons of our spiritual practice.

RA Little Message D

n speaking of God, or the Supreme Spirit, Master instructs us to use original non-sexist terms to avoid the argument about whether God is a She or a He.

She + He = Hes (as in Bless)

Her + Him = Hirm (as in Firm)

Hers + His = Hiers (as in Dear)

Example: When God wants, Hes makes things happen according to Hiers will to suit Hirmself.

s a creator of artistic designs as well as a spiritual teacher, Supreme Master Ching Hai loves all expressions of inner beauty. It is for this reason that She refers to Vietnam as "Au Lac" and Taiwan as "Formosa." Au Lac is the ancient name of Vietnam and means "happiness." And the name Formosa, meaning "beautiful," reflects more completely the beauty of the island and its people. Master feels that using these names brings spiritual elevation and luck to the land and its inhabitants.

® Biography of ® The Supreme Master Ching Hai

he Supreme Master Ching Hai was born in Central Au Lac. At the age of eighteen, Master Ching Hai moved to England to study, and then later to France and then Germany, where She worked for the Red Cross and married a German physician. After two years of happy marriage, with Her husband's blessings, She left Her marriage in pursuit of enlightenment, thus fulfilling an ideal that had been with Her since Her childhood. This began a time of arduous pilgrimages to many different countries that ended only when She met a perfect living Master in the Himalayas. Master Ching Hai received the divine transmission of the inner Light and Sound, which She later called the Quan Yin Method. After a period of diligent practice, She attained Perfect Enlightenment.

To satisfy the longing of sincere Truth seekers, the Supreme Master Ching Hai offers the Quan Yin Method of meditation to people of all nationalities, religions and cultural backgrounds. Her message of love and peace brings spiritual liberation and hope to people throughout the world, reminding all to uphold Truth, Virtue, and Beauty in life.

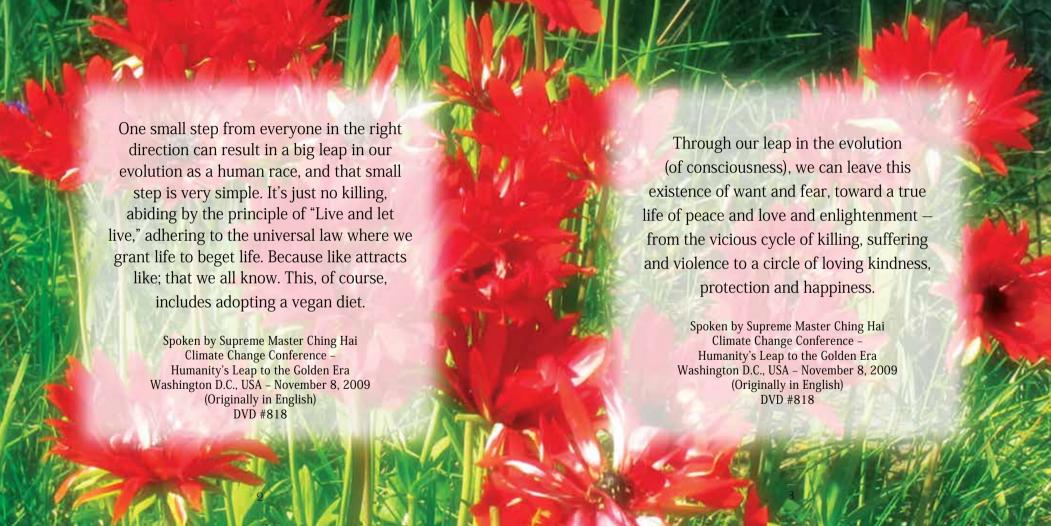


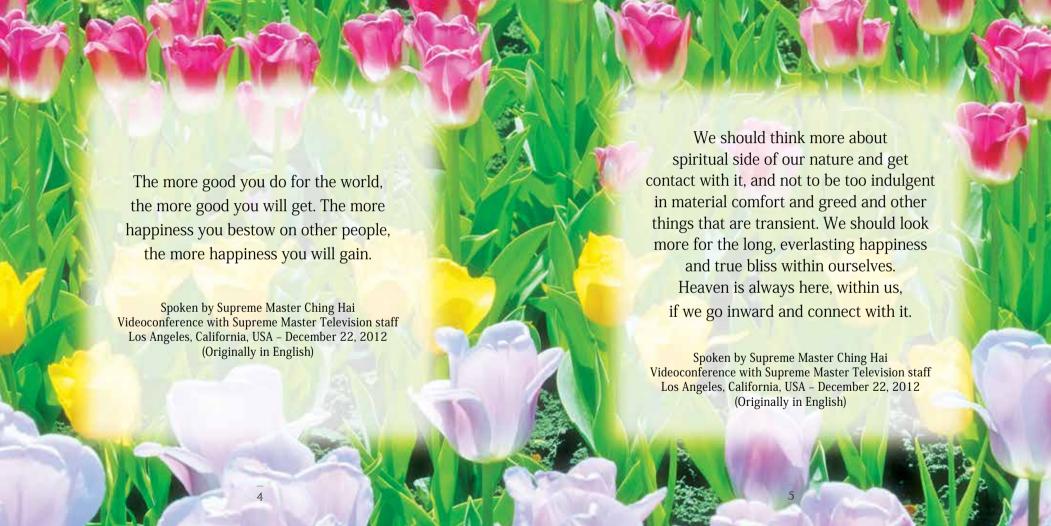
when we are born, or end when we are dead.

And enlightenment is only the beginning.

The journey will continue, full of wonder and miraculous encounters and discovery for those who truly want to know the miracle of life and the real love from the universe and from your heart.

Spoken by Supreme Master Ching Hai
Videoconference with Supreme Master Television staff
Los Angeles, California, USA – December 31, 2011
(Originally in English)
DVD #993





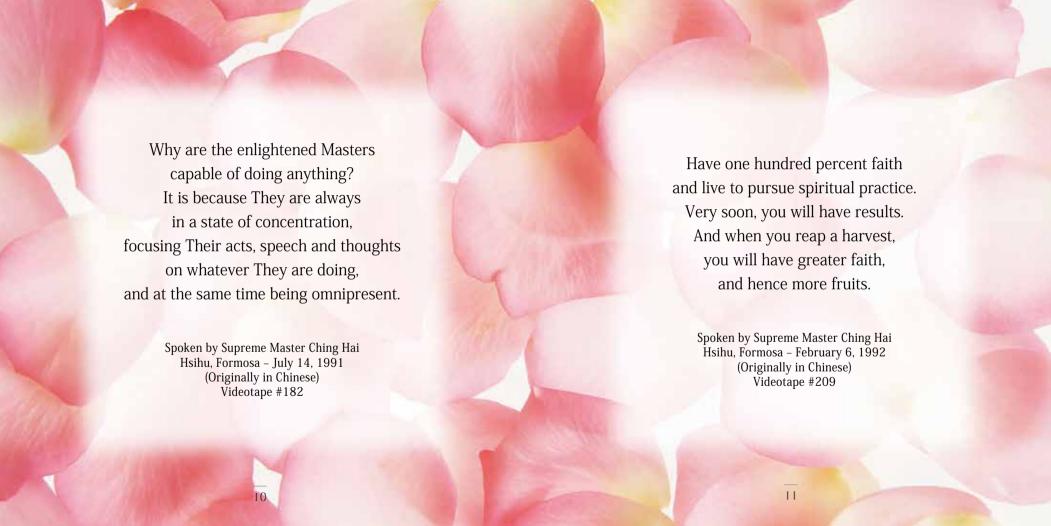
Every time you think nobly and you act nobly or selflessly, the results are always fantastic, visibly and invisibly. And it affects the whole world, not just that person that you did a favor for, or not just yourself or your family or your five generations. It affects the world and even the universe, depending on how big your action or how grand your noble thoughts are.

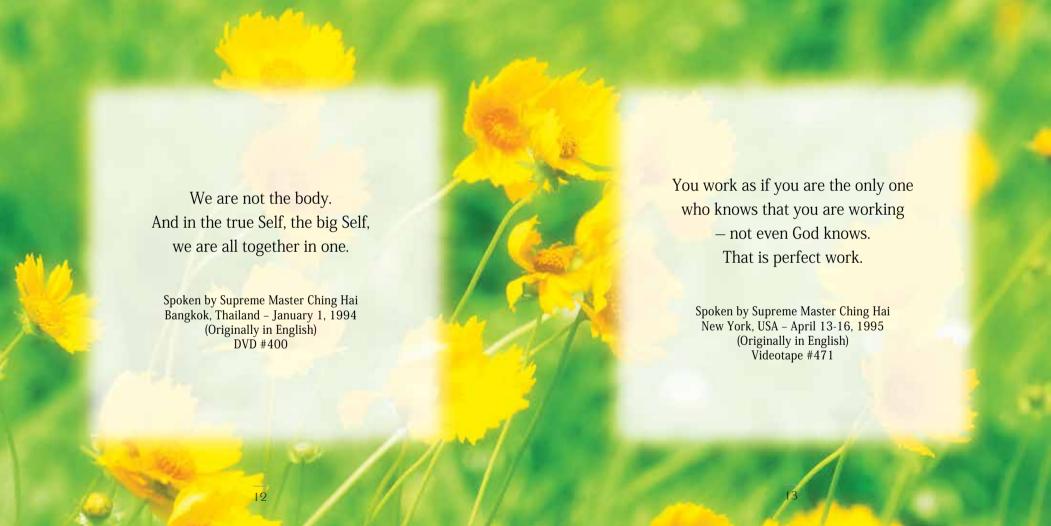
Spoken by Supreme Master Ching Hai International Gathering in France – March 26, 2012 (Originally in English) DVD #998 "Should concentrate on doing good things.
Pray and meditate whatever way you can
to the highest possible spiritual power.
Eliminate evil tendencies in all corners
of your life. Remember God at all times.
Be grateful to whatever you have and all
the blessings all over around you and in
your life. Pray for the world's wellness. Be
vegan, make peace. And, be grateful for
your beautiful life and enjoy your short but
beautiful existence."

Videoconference with Supreme Master Television staff Los Angeles, California, USA – December 0414, 2013 (Originally in English)

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od is the great Love.

The more we manifest that love, the closer we are to Godhood.

That is what God realization is all about.

Spoken by Supreme Master Ching Hai International Three-day Retreat Los Angeles, California, USA – December 18, 1998 (Originally in English) DVD #642







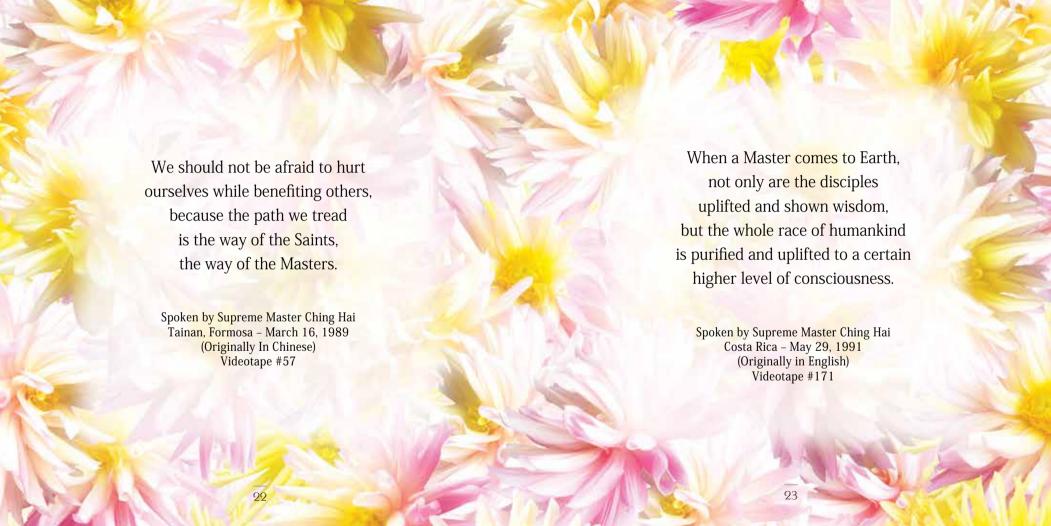
Love knows no burden; love knows only sacrifice.

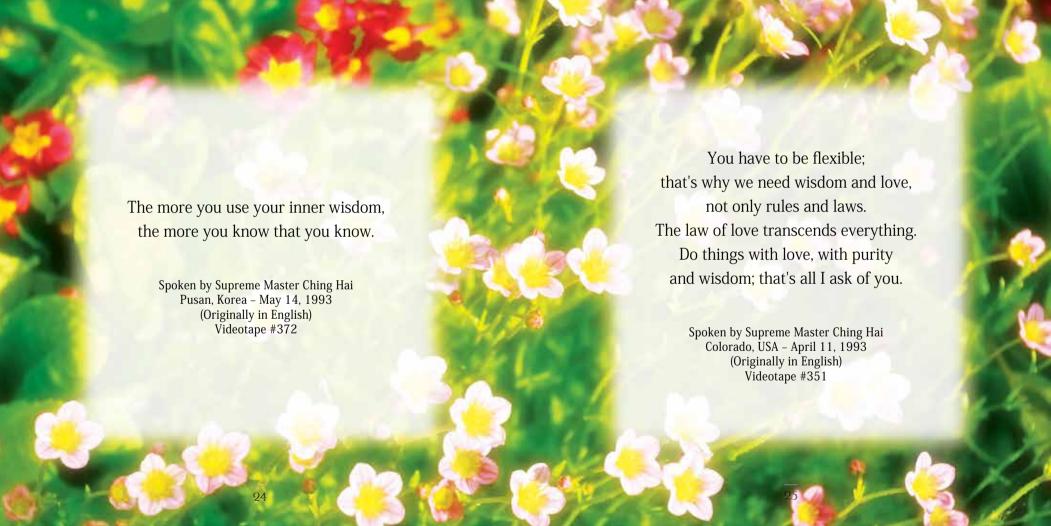
Spoken by Supreme Master Ching Hai Costa Rica – February 9, 1991 (Originally in English) Videotape #153 We should rise to the noble position of a Saint.

And to do that we must possess compassion, love, understanding and unselfish sacrifice at all times.

Spoken by Supreme Master Ching Hai Phnom Penh, Cambodia – May 14, 1996 (Originally in English) Videotape #548

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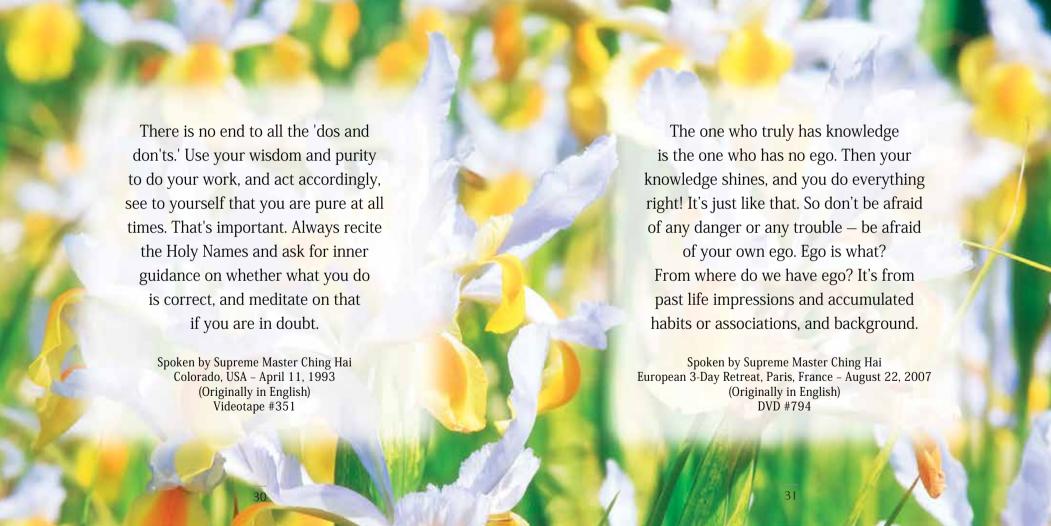


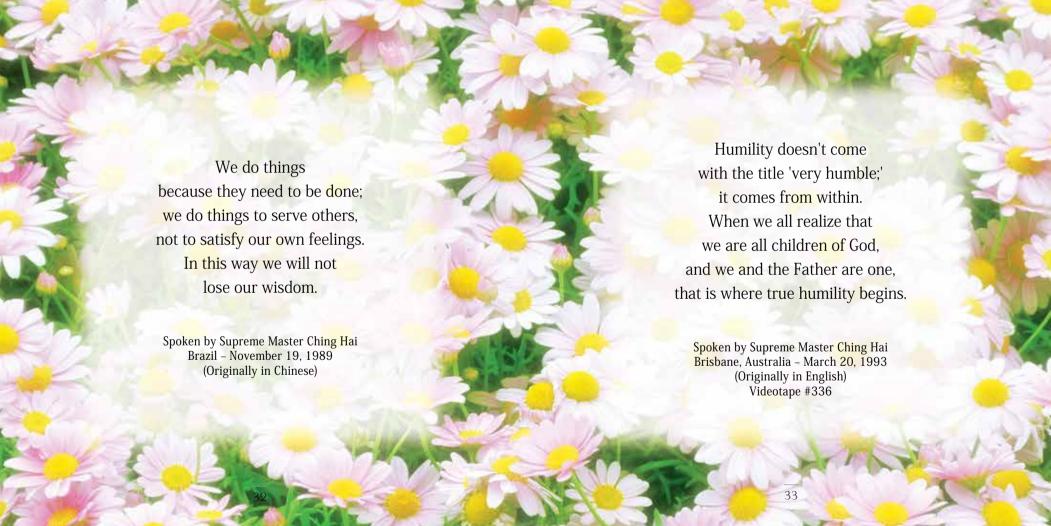


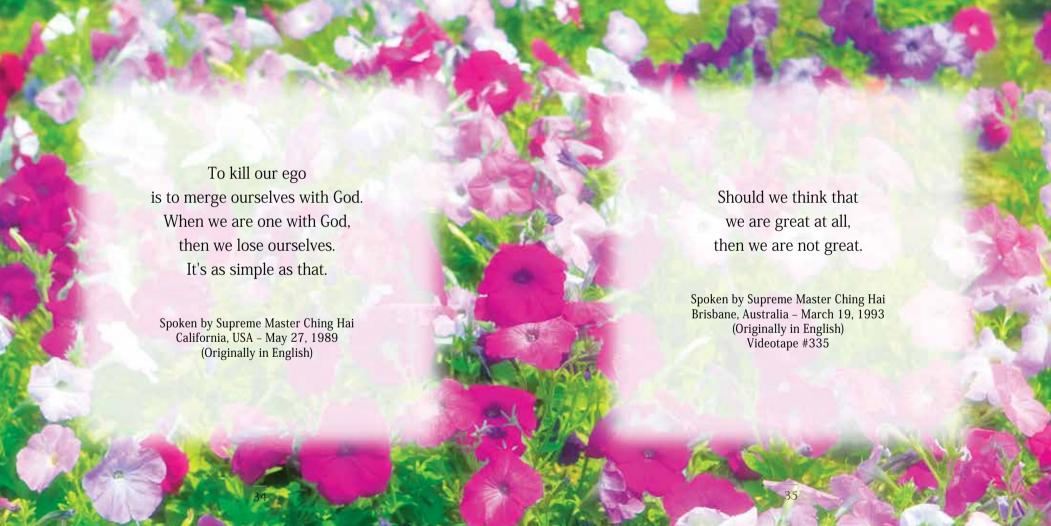
nyone who loves others more than him—
or herself must be a Saint or a Bodhisattva.

No matter what path you practice, you will surely attain a very high spiritual level. To love others more than yourself is the greatest secret. It doesn't matter if you love other people or animals. If you can sacrifice yourself for others, then you are at the Bodhisattva level. There's no mistake about it.

Spoken by Supreme Master Ching Hai International Gathering in France – December 17, 2008 (Originally in Chinese) DVD #962



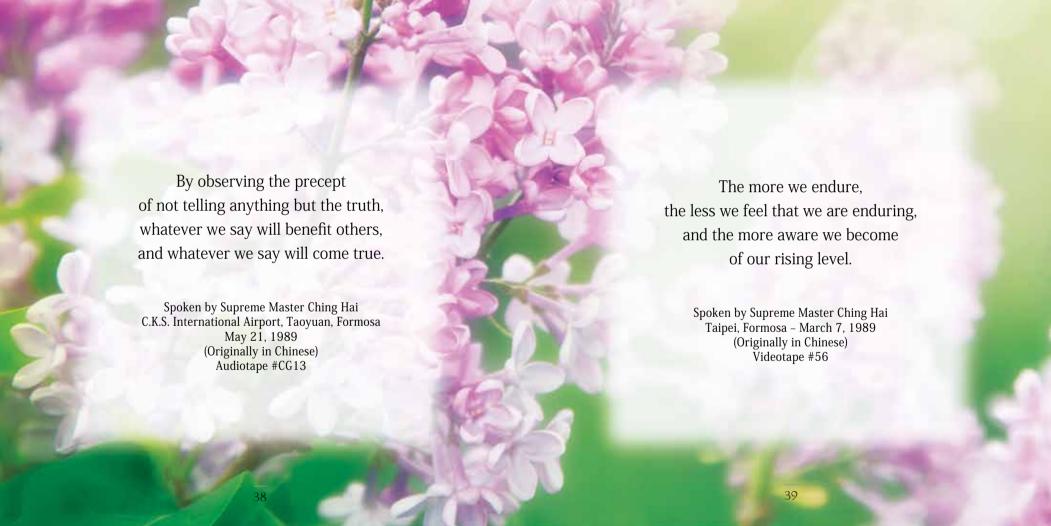




Initiation is meant to remind you of your greatest inheritance, and then you can make use of your treasure every day instead of relying on any Master at all, whether dead or alive. That is the purpose of our method of practice, and there is no other purpose besides that.

Spoken by Supreme Master Ching Hai Brisbane, Australia – March 20, 1993 (Originally in English) Videotape #336 Here in this world,
the mind controls everything.
The preconceived ideas
- the prejudices, the collected data
control everything and make us forget
our inborn Nature and that we are not
these preconceived ideas. We are not
to forget our judgment; we have to
find our inborn Wisdom.

Spoken by Supreme Master Ching Hai California, USA – May 27, 1989 (Originally in English)



If we become delighted and arrogant when people praise us and offer us temptations, then that is very dangerous. On each one of these occasions, we must promptly introspect, and ask: "Did I use the ego in performing the act just now?

Was I overjoyed or arrogant?"

We must introspect every day.

Spoken by Supreme Master Ching Hai Kaoshiung, Formosa – April 14, 1989 (Originally in Chinese) Audiotape #CG13 Being quiet doesn't mean being empty of anything, but quiet of unnecessary burdens and prejudice, quiet of all kinds of nonsense and desires and cravings for impossible things, and quiet in order to be able to be of service, to have intelligence, and for pure Intelligence to appear.

Spoken by Supreme Master Ching Hai Kuala Lumpur, Malaysia – February 23, 1992 (Originally in English) Videotape #214

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t is so blissful in Heaven that there is nothing to remind us of spiritual practice. It is so agonizing in hell that it is impossible to practice spiritually there. In the secular world, we have suffering, joy, misunderstanding, ignorance, wisdom, enlightenment, the unenlightened, and lots of different situations.

Therefore, we can learn quickly from various situations in life, and we can find sufficient material from which to experience and train ourselves. We have the chance to practice to become Buddhas, which we cannot find in other worlds. Therefore, the human body is very precious. We must cherish the chance to practice spiritually without delay.

Spoken by Supreme Master Ching Hai Taipei, Formosa – December 1, 1986 (Originally in Chinese)



By practicing the Quan Yin Method, our vibrations become very fast and we feel more energetic, just like young people. We become more alert, able to figure out problems easily, and smart like young people.

Therefore, we can say that we become rejuvenated.

Spoken by Supreme Master Ching Hai Hsihu, Formosa – August 13, 1989 (Originally in Chinese) Audiotape #CG15 The person who enjoys
the greatest freedom is the one
who is most responsible;
because he/she is responsible,
he/she is free.

Spoken by Supreme Master Ching Hai Tainan, Formosa – March 15, 1990 (Originally in Chinese) Videotape #119

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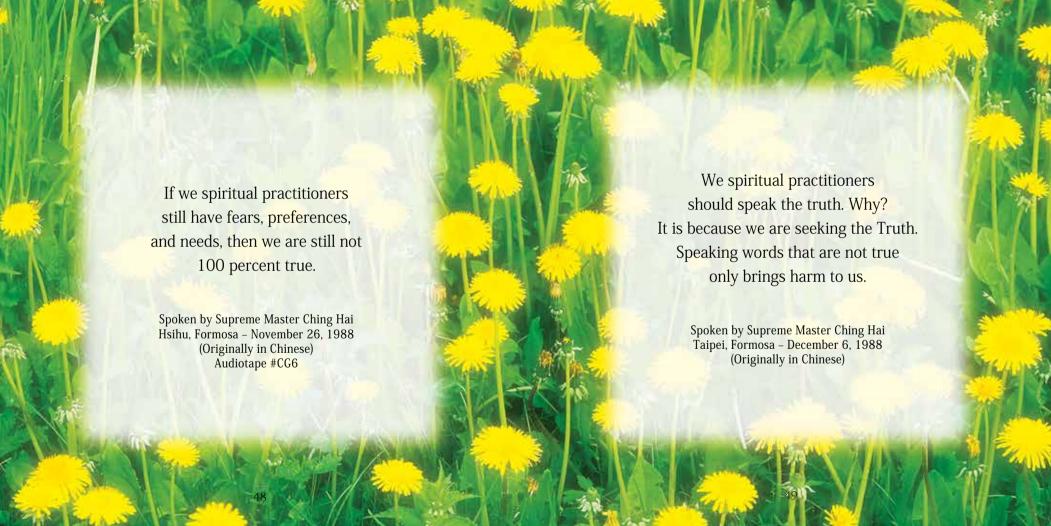
A self-realized soul emits a kind of Godly fragrance and supra-mundane Virtue that everyone loves to be near, and everyone feels naturally comfortable with.

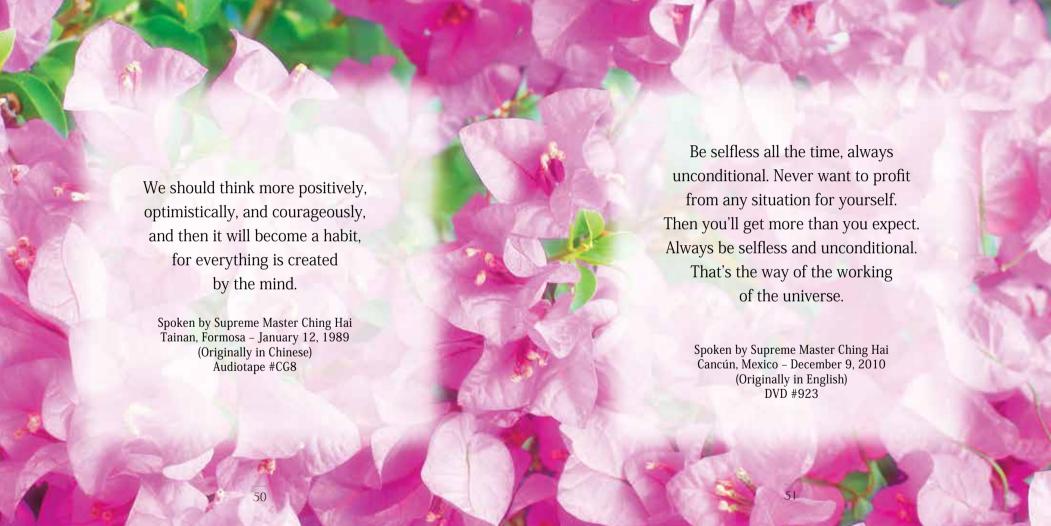
Spoken by Supreme Master Ching Hai California, USA – May 25, 1989 (Originally in English) Each time we take
any action, we reflect what
God thinks of our action.

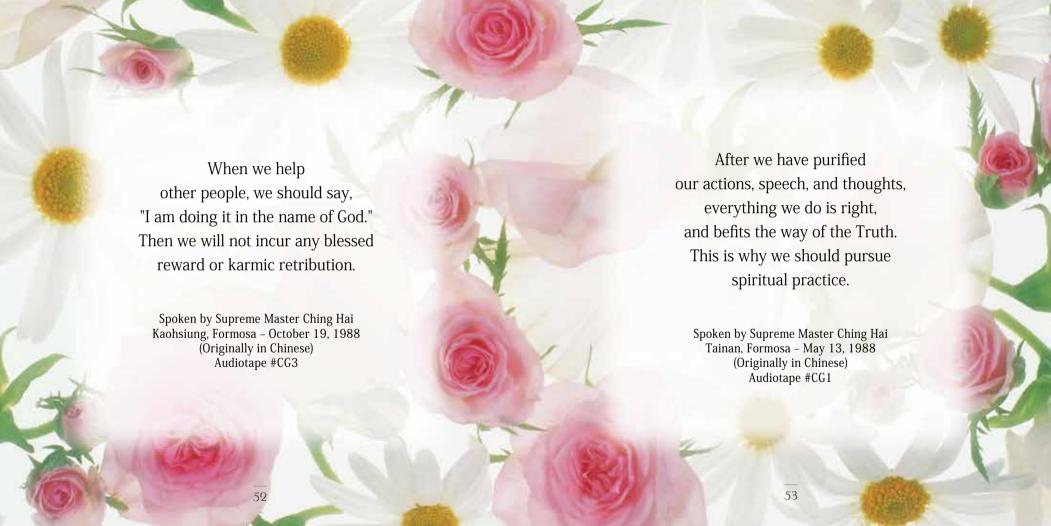
If what we are doing pleases God,
then it is righteous.

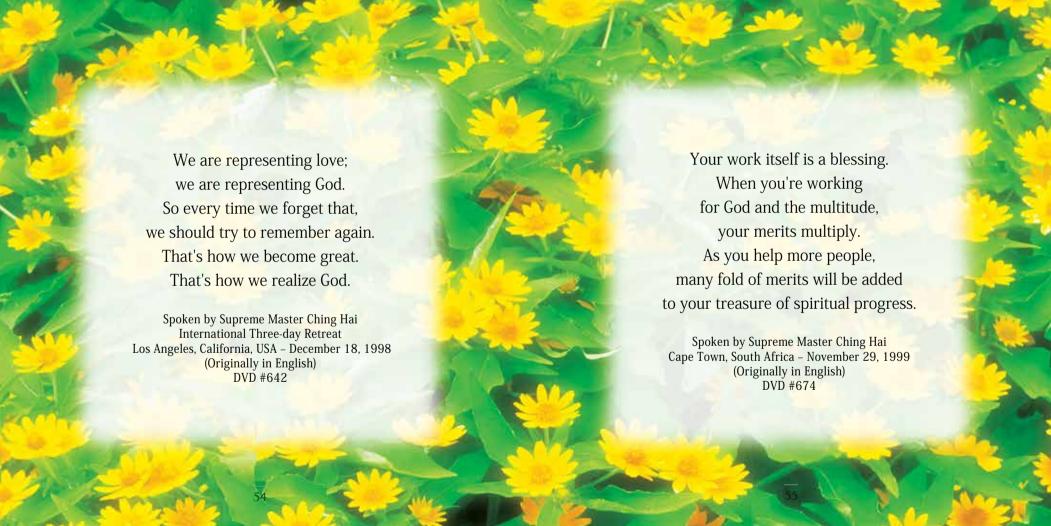
Spoken by Supreme Master Ching Hai Panama – November 29, 1989 (Originally in English) Videotape #106

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od can't give us peace on Earth if we don't make peace ourselves.

We have the power.

We're the representatives of God here; we must do the things we should on this level because we exist here. Only if we have peace within ourselves can we make peace; only when we see God within ourselves can we see God in others.

Spoken by Supreme Master Ching Hai Prague, Czech Republic – May 28, 1999 (Originally in English) Videotape #654



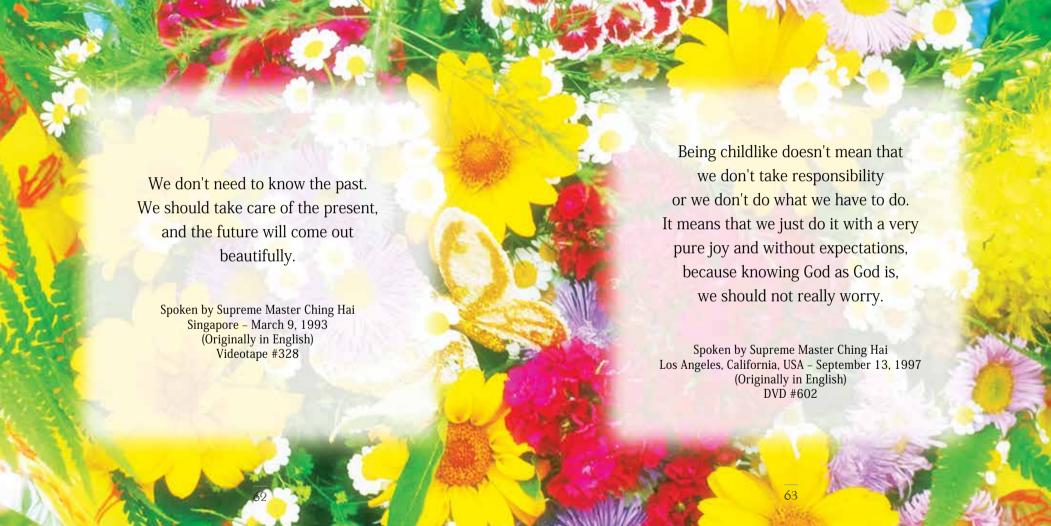


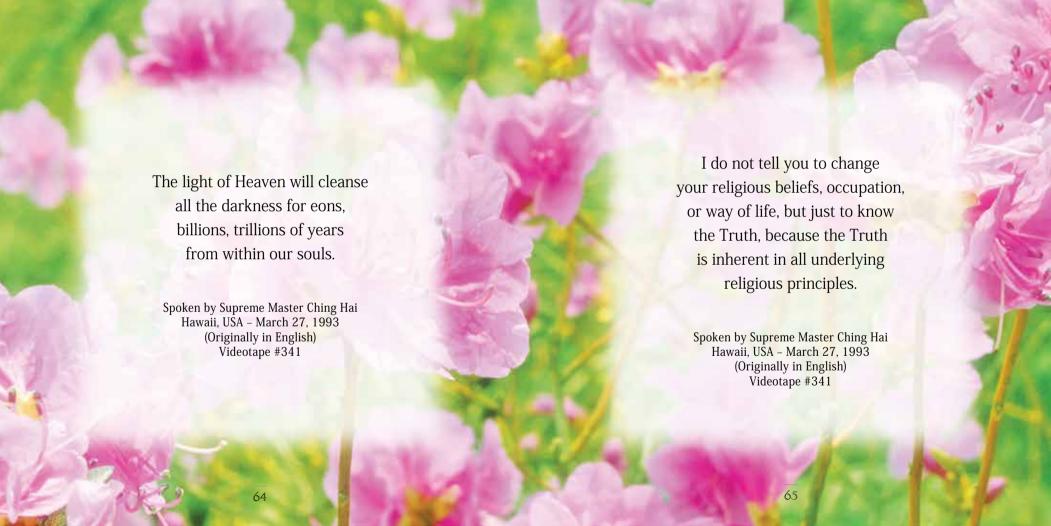
When you see something beautiful, a flower, painting, photo or hear some lovely music or poetic verses, don't you feel better? Don't you feel more relaxed and loving? Yes, so at that moment, your heart feels open, your spirit expands, and you love the surrounding, you love the people near you. And the relationship between you and others suddenly has more meaning and deepens, and your thinking is more positive. That's how art uplifts our spirit. And if our spirit uplifts, then the world is uplifted.

Spoken by Supreme Master Ching Hai Videoconference: Premier of English Edition of "Celestial Art" Los Angeles, California, USA - December 12, 2008 (Originally in English) DVD #852 Arts, such as good paintings, poetry and music, are to comfort and soothe our minds, heal our hearts in this turbulent world. To some extent, they also remind us of our ethereal Home and rekindle some nostalgic feelings within us, so we may seek an elevating way to reach our true origin.

Spoken by Supreme Master Ching Hai Videoconference: Premier of English Edition of "Celestial Art" Los Angeles, California, USA - December 12, 2008 (Originally in English) DVD #852

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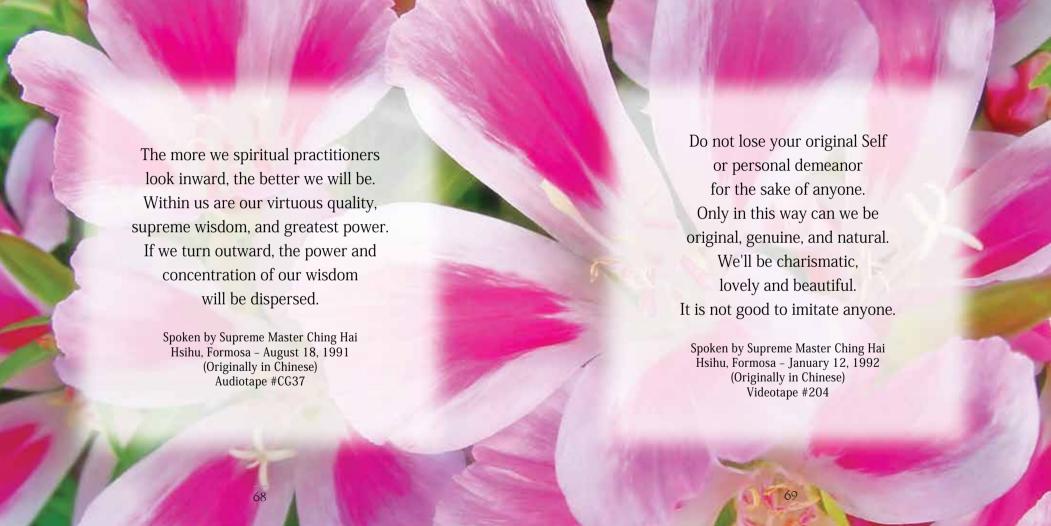


The more you are exposed to the sense of the needy's suffering, the more you feel your compassion being touched.

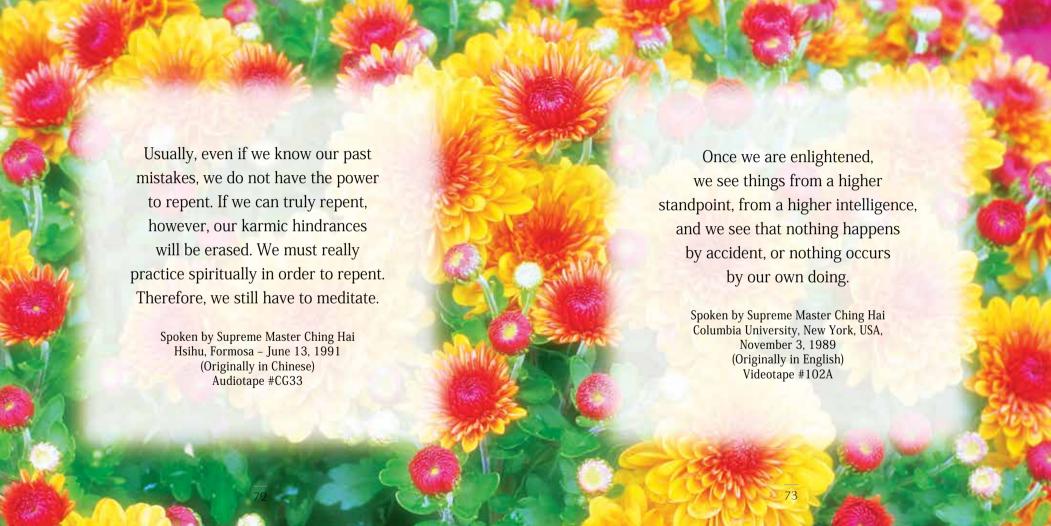
And then you want to do something for that person or that animal or that situation, and then that's how your NQ (Noble Quality) grows.

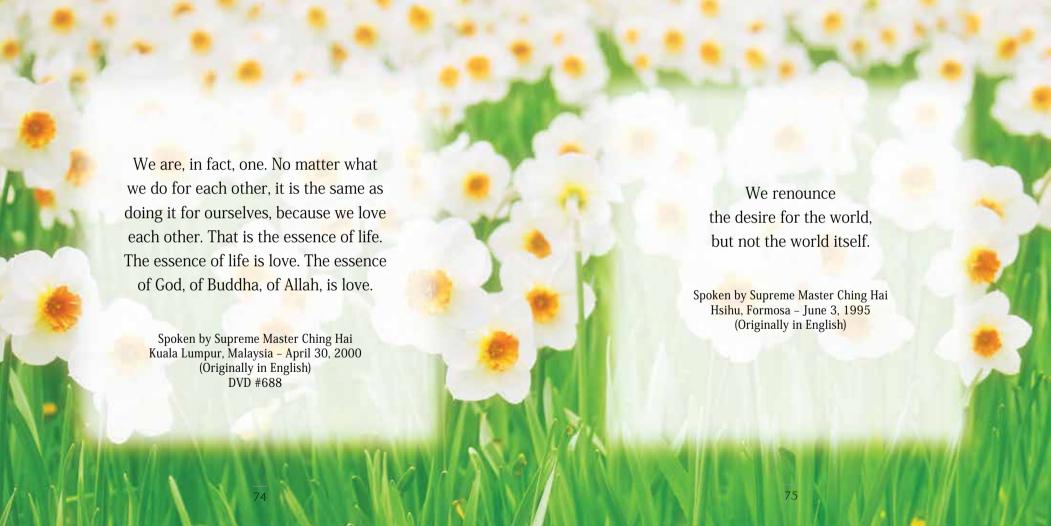
Spoken by Supreme Master Ching Hai European 3-Day Retreat, Paris, France August 22, 2007 (Originally in English) DVD #794 The more we exert our loving kindness and protection towards all beings, the greater we will be in the world, the greater will be the feeling in our heart as well as in the Kingdom of Heaven.

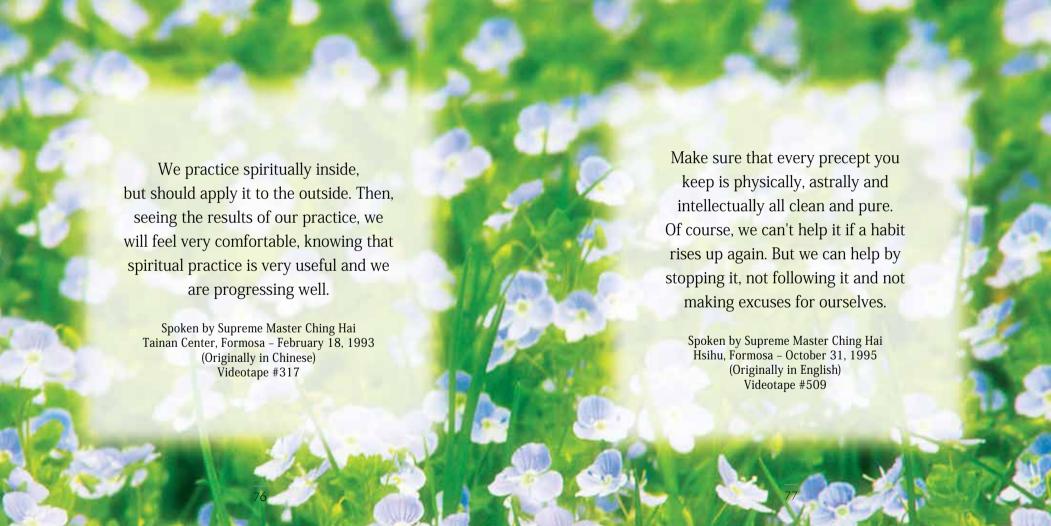
Spoken by Supreme Master Ching Hai Videoconference in Washington, D.C., USA November 8, 2009 (Originally in English) DVD #818





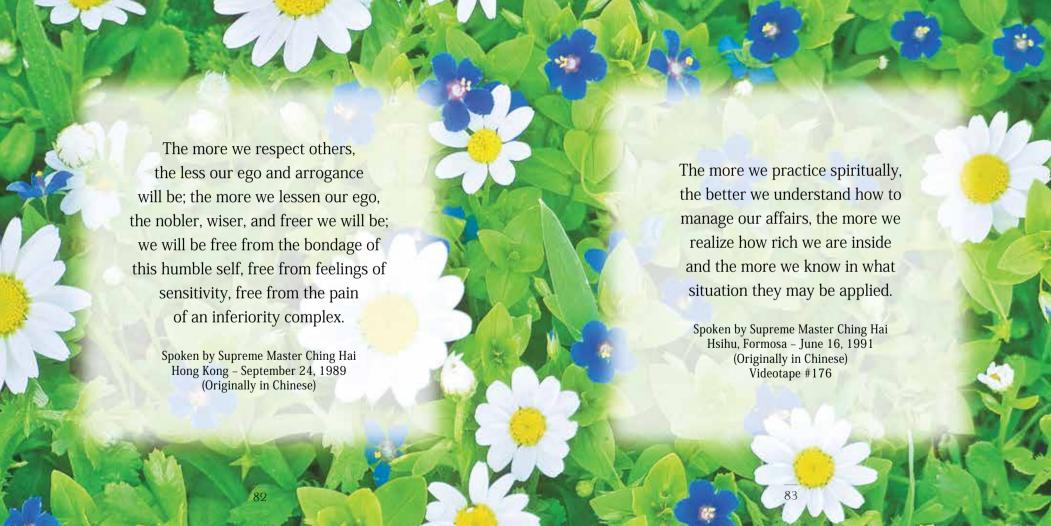














think all the presidents or leaders of the world should try more to remind people of the spiritual aspects, instead of just material aspects because they last longer. It's actually beautiful to remind people about spiritual practice because that's all we have. That's the only lasting thing we have. That's the only thing that helps us to have peace in the world and among nations. If all nations become more enlightened, we'll be more peaceful toward each other.

> Spoken by Supreme Master Ching Hai Florida, USA – June 6, 2001 (Originally in English) DVD #714

Get more enlightened and then you'll be more loving.

That's the purpose of enlightenment.

Enlightenment makes us more loving, more tolerant and more understanding.

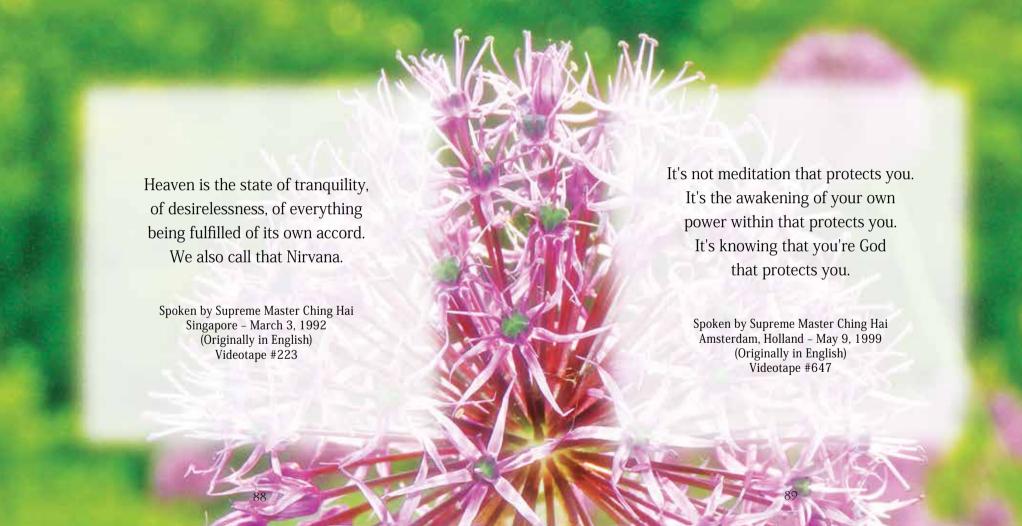
That's the best outcome of spiritual cultivation.

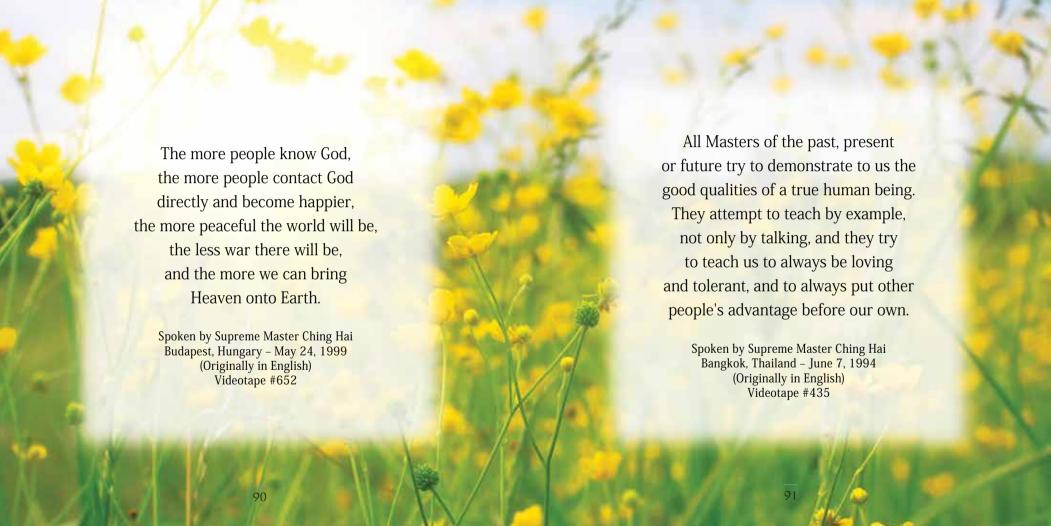
Spoken by Supreme Master Ching Hai Seattle, USA – April 7, 1993 (Originally in English) Videotape #348 Any event that happens in our life is for us to measure how we have grown already, how we have grown in spiritual development.

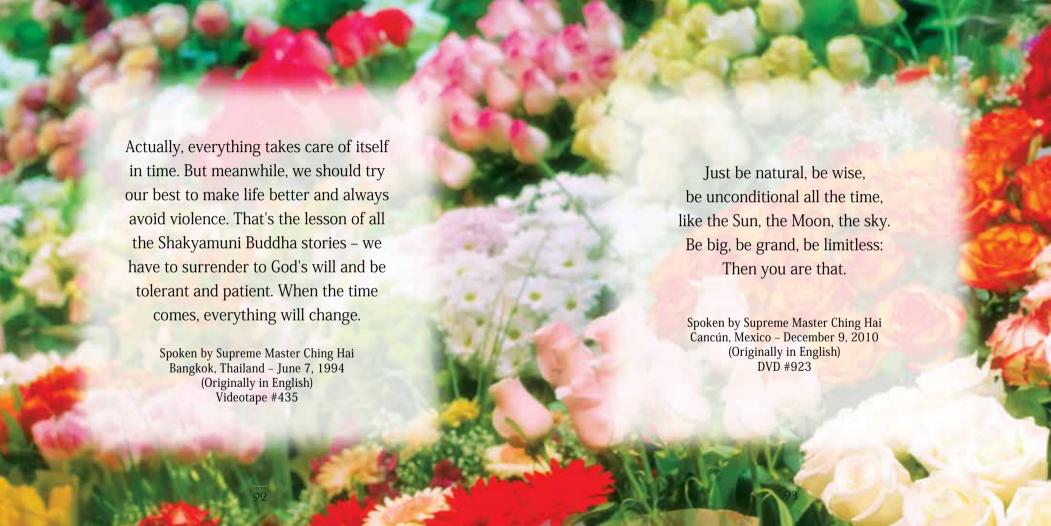
If you can look at it that way, that's fine. And try to know how to react to it in the best way possible for yourself.

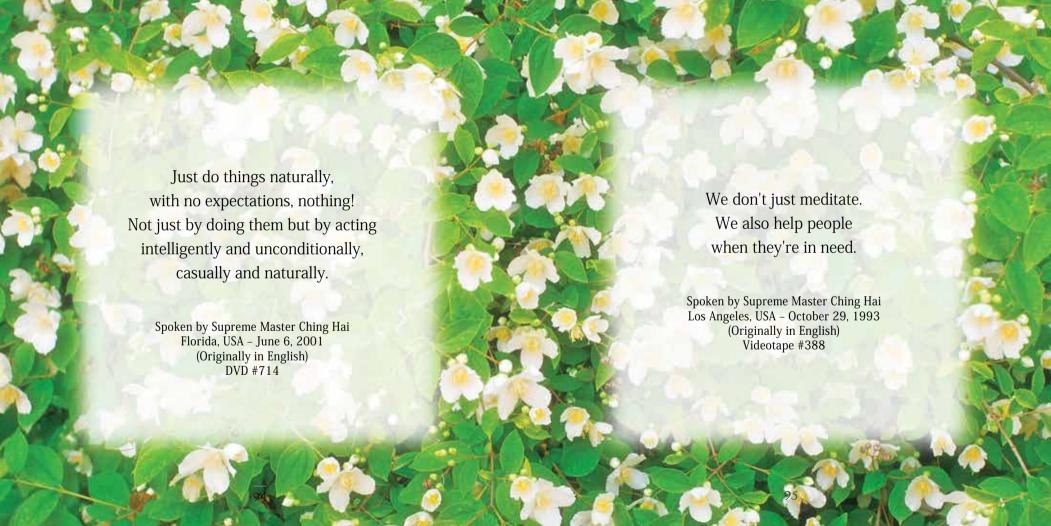
Spoken by Supreme Master Ching Hai Five-day Retreat, Long Beach, California, USA December 29, 1996 (Originally in English) DVD #571

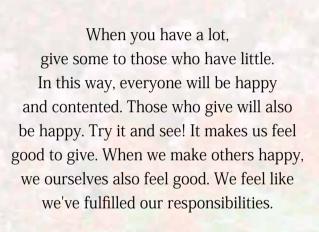
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Spoken by Supreme Master Ching Hai Buddha Mountain, Thailand – January 2, 1994 (Originally in English) Do your job correctly; work and use your wisdom to at least take care of your family. Whatever's to spare you can use to help the desperate. You can then contribute to the world not only to help cleanse the atmosphere spiritually, but also financially, physically and in many other respects.

We have to develop ourselves in all dimensions to become perfect beings.

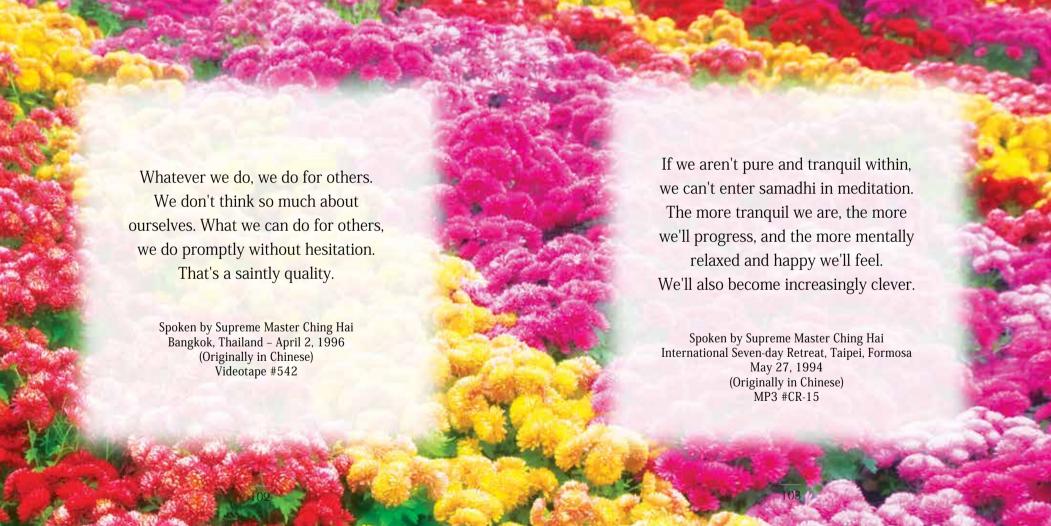
Spoken by Supreme Master Ching Hai Los Angeles, USA – October 29, 1993 (Originally in English) Videotape #388

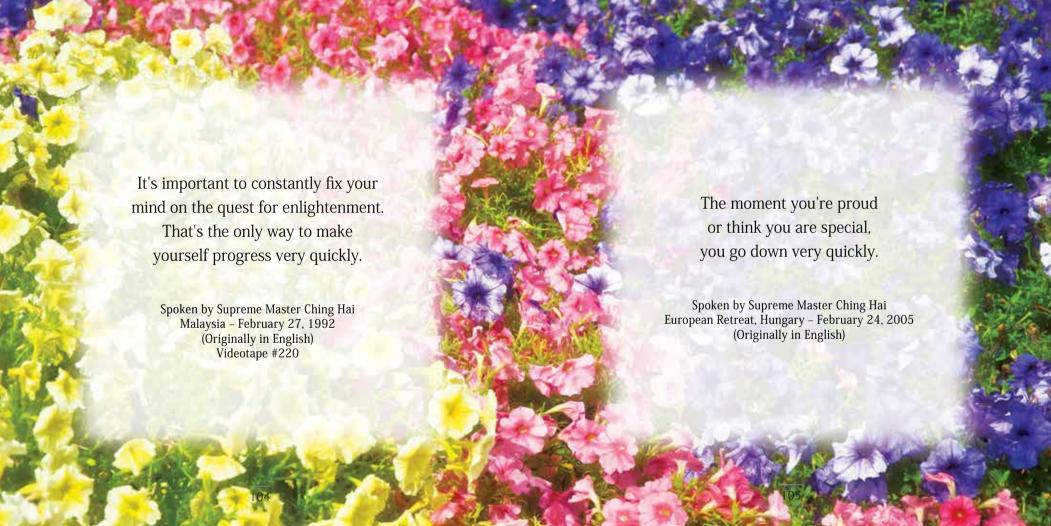
hen God gives us disadvantages, Hes also gives us advantages. So if you think you have disadvantages, try to find out what advantages God has given you to balance your life; because God does give. Don't dwell on your disadvantages and dampen your spirit. Instead go into your advantages, go into your talents, go into the positive side of life that God granted you and thus uplift yourself.

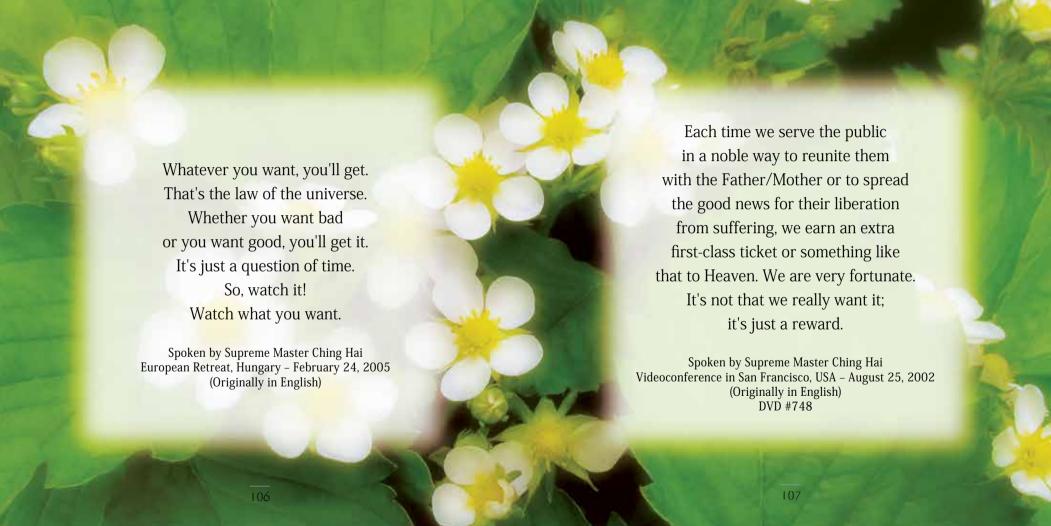
> Spoken by Supreme Master Ching Hai Paris, France – January 26, 1997 (Originally in English)













n order to have everlasting happiness, to be more peaceful, we need to use our concentration to go to a higher dimension so that we can learn of the nobler purpose of life and the nobler wisdom of the universe. Then we can become complete beings, not just successful executives in this world but also Saints and Buddhas to bless the world and the universe.

Spoken by Supreme Master Ching Hai Tokyo, Japan – May 7, 2000 (Originally in English) DVD #693



R Initiation: The Quan Yin Method D

aster Ching Hai initiates sincere people longing to know the Truth, into the Quan Yin Method of meditation. The Chinese characters "Quan Yin" mean contemplation of the Sound Vibration. The Method includes meditation on both the inner Light and the inner Sound. These inner visions have been repeatedly described in the spiritual literature of all the world's religions since ancient times.

For example, the Christian Bible states, *In the beginning was the Word, and the Word was with God, and the Word was God.* (John 1:1) This Word is the inner Sound. It has also been called the Logos, Shabd, Tao, Soundstream, Naam, or the Celestial Music. Master Ching Hai says, *It vibrates within all life and sustains the whole universe. This inner melody can heal all wounds, fulfill all desires, and quench all worldly thirst. It is all powerful and all Love. It is because we are made of this Sound, that contact with it brings peace and contentment to our hearts. After listening to this Sound, our whole being changes, our entire outlook on life is greatly altered for the better.*

The inner Light, the Light of God, is the same Light referred to in the word "enlightenment." Its intensity can range from a subtle glow to the brilliance of many millions of suns. It is through the inner Light and Sound that we come to know God.

The initiation into the Quan Yin Method is not an esoteric ritual or a ceremony for entering a new religion. During the initiation, specific instruction in meditation on the inner Light and inner Sound is given, and Master Ching Hai provides the "Spiritual Transmission."

This first taste of Divine Presence is given in silence. Master Ching Hai need not be physically present in order to open this "door" for you. The Transmission is an essential part of the Method. The technique themselves will bring little benefit without the Grace of the Master.

Because you may hear the inner Sound and see the inner Light immediately upon initiation, this event is sometimes referred to as "sudden" or "immediate enlightenment."

Master Ching Hai accepts people from all backgrounds and religious affiliations for initiation. You do not have to change your present religion or system of beliefs. You will not be asked to join any organization, or participate in any way that does not suit your current life-style.

However, you will be asked to become a vegan. A lifetime commitment to the vegan diet is a necessary prerequisite for receiving initiation.

The initiation is offered free of charge.

Daily practice of the Quan Yin Method of meditation and the keeping of the Five Guidelines are your only requirements after initiation. Keeping the guidelines prevents you from harming either yourself or any other living being. These practices will deepen and strengthen your initial enlightenment experience, and allow you to eventually attain the highest levels of awakening or Godhood for yourself. Without daily practice, you will almost certainly forget your enlightenment and return to a normal level of consciousness.

Master Ching Hai's goal is to teach us to be self sufficient. Therefore, She teaches a method that can be practiced by everyone, by themselves, without props or paraphernalia of any kind. She is not looking for followers, worshippers, or disciples, or to establishing an organization with a dues paying membership. She will not accept money, prostrations, or gifts from you, so you do not need to offer these to Her.

She will accept your sincerity in daily life and meditational practice to progress yourself towards Sainthood.

The Five Guidelines M

- 1. Refrain from harming any living being*.
- 2. Refrain from speaking what is not true.
- 3. Refrain from taking what is not belonging to oneself.
- 4. Refrain from sexual misconduct.
- 5. Refrain from using intoxicants**.
- * This guideline requires strict adherence to a vegan diet. No meat, dairy, fish, poultry or eggs (fertilized or non-fertilized).
- ** This includes avoiding all poisons of any kind, such as alcohol, drugs, tobacco, gambling, pornography and excessively violent films or literature or video games.

Rublications D

- The Key of Immediate Enlightenment: A collection of The Supreme Master Ching Hai's lectures
 - Available in Aulacese (1-15), Chinese (1-10), English (1-5), French (1-2), Finnish (1), German (1-2), Hungarian (1), Indonesian (1-5), Japanese(1-4), Korean (1-11), Mongolian (1,6), Portuguese(1-2), Polish(1-2), Spanish (1-3), Swedish (1), Thai (1-6) and Tibetan(1).
- The Key of Immediate Enlightenment Questions and Answers: A collection of questions and answers from Master's lectures

 Available in Aulacese (1-4), Chinese (1-3), Bulgarian (1), Czech (1), English (1-2), French (1), German (1), Hungarian (1), Indonesian (1-3), Japanese (1), Korean (1-4), Portuguese (1), Polish (1) and Russian (1).
- The Key of Immediate Enlightenment Special Edition/1993 World Lecture Tour: A six-volume collection of The Supreme Master Ching Hai's lectures during the 1993 World Lecture Tour Available in English and Chinese.
- The Key of Immediate Enlightenment Special Edition/7-Day Retreat:
 A collection of Master's lectures in 1992 during a 7-day retreat in San Di Mun, Formosa
 Available in English and Aulacese.
- Letters Between Master and Spiritual Practitioners
 Available in English (1), Chinese (1-3), Aulacese (1-2), Spanish (1)
- The Key of Immediate Enlightenment My Wondrous Experiences with Master
 Available in Aulacese (1-2), Chinese (1-2)

Available in Aulacese, Chinese, English, Japanese, Korean, Spanish and Thai.

Coloring Our Lives: A collection of quotes and spiritual teachings by Master

Available in Aulacese, Chinese and English.

• God Takes Care of Everything – Illustrated Tales of Wisdom from The Supreme Master Ching Hai:

Available in Aulacese, Chinese, English, French, Japanese and Korean.

• The Supreme Master Ching Hai's Enlightening Humor – Your Halo Is Too Tight!

Available in Chinese and English.

- Secrets to Effortless Spiritual Practice Available in Aulacese, Chinese and English.
- God's Direct Contact The Way to Reach Peace: A collection of The Supreme Master Ching Hai's lectures during Her 1999 European Lecture Tour

Available in Chinese and English.

- Of God and Humans Insights from Bible Stories
 This special anthology includes thirteen Bible narratives, uniquely retold by Master on various occasions. Available in Chinese and English.
- The Realization of Health Returning to the Natural and Righteous Way of Living

Available in Chinese and English.

- I Have Come to Take You Home: A collection of quotes and spiritual teachings by Master
 - Available in Arabic, Aulacese, Bulgarian, Czech, Chinese, English, French, German, Greek, Hungarian, Indonesian, Italian, Korean, Mongolian, Polish, Spanish, Turkish, Romanian and Russian.
- Aphorisms (1): Gems of eternal wisdom from Master
 Available in Chinese, English, French/German, Japanese/English, Korean/English and Portuguese/Spanish.
- Aphorisms (2): Gems of eternal wisdom from Master Available in Chinese, English.
- The Supreme Kitchen (1) International Vegetarian Cuisine:
 A collection of culinary delicacies from all parts of the world recommended by fellow practitioners
 Available in English/Chinese, Aulacese and Japanese.
- The Supreme Kitchen (2) Home Taste Selections
 Combined volume of English /Chinese.
- One World... of Peace through Music: A collection of interviews and musical compositions from a Benefit Concert in Los Angeles, California Combined volume of English/Aulacese/Chinese.
- A Collection of Art Creation by The Supreme Master Ching Hai Available in English, Chinese.
- The Dogs in My Life (1-2): This two-volume book set of 500 pages is a fabulous real-life set of doggy tales published by Master about Her canine companions
 - Available in Aulacese, Chinese, English, German, Japanese, Korean, Spanish, Polish.

- The Birds in My Life: In this beautifully illustrated picture-story book, Master Ching Hai shows us the secret to unlocking the animals' inner world
 - Available in Arabic, Aulacese, Chinese, English, French, German, Indonesian, Korean, Mongolian and Russian.
- The Noble Wilds: Lovingly composed and photographed by Master Herself, this book is filled with beautiful poetry and breathtaking pictures. In this intimate journal-like story, Master speaks of Her lakeside explorations and reveals to us the inborn noble qualities of our animals friends.

Available in Aulacese, Chinese, English, French, German and Korean.

Celestial Art

Celestial Art is a distinguished volume in which the author interprets artistic creation from a spiritual perspective to reflect Truth, virtue, and the beauty of Heaven. As readers are invited into the boundless world of Supreme Master Ching Hai's art and uplifted through its resonance with the divine, they will be profoundly touched by the deep emotions of a poet, the subtle touches of a painter, the unique ideas of a designer, and the romantic heart of a musician. Above all, one is blessedly introduced to the wisdom and compassion of a great spiritual teacher.

Available in Aulacese, Chinese and English.

- From Crisis to Peace: The Organic Vegan Way Is the Answer
 Available in Aulacese, Chinese, English, Dutch, Korean, French, Hungarian,
 Indonesian, Japanese, Norwegian, Spanish, Swedish, Thai, Portuguese,
 Polish, Russian and Romanian. http://www.crisis2peace.org/tw/
- Thoughts on Life and Consciousness
 A book written by Dr. Janez. Available in Chinese
- S.M. Celestial Clothes (6)
 Available in a combined language edition of English/Chinese.

Rectry Collections D

- The Real Love A special book featuring poems by Supreme Master Ching Hai set to music by award-winning composers for the musical *The Real Love*, plus more on the artists and production
- Silent Tears A book of poems by Master (available in Aulacese, Chinese, English, Korean, Portuguese, Spanish, Tagalog and German/French/English)
- Wu Tzu Poems A book of poems by Master (available in Aulacese, Chinese and English)
- The Dream of a Butterfly A book of poems by Master (available in Aulacese, Chinese and English)
- Traces of Previous Lives A book of poems by Master (available in Aulacese, Chinese and English)
- The Old Time A book of poems by Master (available in Aulacese, Chinese and English)
- Pebbles and Gold A book of poems by Master (available in Aulacese, Chinese and English)
- The Lost Memories A book of poems by Master (available in Aulacese, Chinese and English)
- The Love of Centuries A book of poems by Master (available in Aulacese, Chinese, English, French, German, Korean, Mongolian and Spanish)
- Loving the Silent Tears (song performances from the musical *Loving the Silent Tears* in multiple languages by distinguished artists, along with the exquisite song *Talking to a Stone Buddha* sung by Master): MP3, MP4,DVDs
- The Real Love (song performances from the musical *The Real Love* by eminent artists, along with exclusive interview footage): DVD, MP4
- Shade of Time (Beyond the Realm of Time) (song performances in Aulacese): MP3 and DVD, MP4
- A Touch of Fragrance (song performances in Aulacese by celebrated artists): MP3

- That and This Day (poetry recital in Aulacese): MP3
- Dream in the Night (song performances in Aulacese): MP3 and DVD, MP4
- T-L-C, Please (song performances in Aulacese): MP3
- Please Keep Forever (poetry recital in Aulacese): MP3
- Songs and Compositions of The Supreme Master Ching Hai: (MP3 and DVD, MP4) English, Aulacese and Chinese
- The Song of Love: (DVD, MP4) Aulacese and English
- Good Night Baby: (MP3) in English
- The Jeweled Verses (poems by distinguished Aulacese poets, recited in Aulacese): MP3s 1 and 2; DVDs 1 and 2, MP4
- The Golden Lotus (poetry recital in Aulacese): MP3 and DVD, MP4 We invite you to listen to a recital of Venerable Thich Man Giac's beautiful poetry through the melodious voice of Supreme Master Ching Hai, who also recites Her own poems, "Golden Lotus" and "Sayonara."
- An Ancient Love (poetry recital in Aulacese): MP3 and DVD, MP4
- Love for the Homeland (poetry recital in Aulacese): DVD, MP4
- Buddha's Sadness
 (song performances in Aulacese by celebrated artists): DVD, MP4
- Since I've Loved You (song performances in Aulacese by celebrated artists): DVD, MP4
- Traces of Previous Lives (poetry recital in Aulacese): MP3s, DVDs,MP4 1 and 2 (with a choice of subtitles in 17 languages)
- A Path to Love Legends: MP4s 1, 2 and 3, (poems by distinguished Aulacese poets recited in Aulacese)
- * The poems "Shade of Time (Beyond the Realm of Time)," "That and This Day," "Dream in the Night," "T-L-C, Please," "Songs and Compositions of The Supreme Master Ching Hai," "Good Night Baby," "The Jeweled Verses," "The Golden Lotus," "An Ancient Love," "Please Keep Forever," "Love for the Homeland," "A Path to Love Legends" and "Traces of Previous Live" were

recited or set to music and sung by the Poet Herself.

DVDs, MP3s and MP4s of The Supreme Master Ching Hai's lectures, music and concerts are available in Arabic, Armenian, Aulacese, Bulgarian, Cambodian, Cantonese, Chinese, Croatian, Czech, Danish, Dutch, English, Finnish, French, German, Greek, Hebrew, Hungarian, Indonesian, Italian, Japanese, Korean, Malay, Mandarin, Mongolian, Nepali, Norwegian, Persian, Tagalog, Polish, Portuguese, Romanian, Russian, Sinhalese, Slovenian, Spanish, Swedish, Thai, Turkish and Zulu.

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